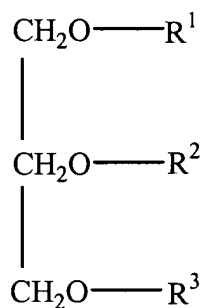


### LISTING OF THE CLAIMS

1. An acylglyceride having the following structure:



wherein R1 and R3 are acyl residues selected from the group consisting of 10,12; 9,11; 8,10; and 11,13 octadecadienoate and R2 is selected from the group consisting of medium chain fatty acyl residues.

2. The acylglyceride of Claim 1, wherein said medium chain fatty acyl residue is selected from the group consisting of acyl residues of the following acids: decanoic acid, undecanoic acid, 10-undecanoic acid, lauric acid, cis-5-dodecanoic acid, tridecanoic acid, myristic acid, and myristoleic acid.
3. A powder comprising at least one type of acylglyceride as set forth in Claim 1.
4. An oil comprising at least one type of acylglyceride as set forth in Claim 1.
5. The oil of Claim 4, wherein said oil further comprises an antioxidant.

6. A food composition comprising at least one type of acylglyceride as set forth in Claim 1.
7. The food composition of Claim 6, wherein said food composition is a functional food, nutritional supplement food, infant food, pregnancy food, or elderly food.
8. A pharmaceutical composition comprising at least one type of triglyceride as set forth in Claim 1.
9. A nutritional or pharmaceutical composition comprising at least one type of acylglyceride as set forth in Claim 1 and a carrier suitable for oral, intrainestinal, or parenteral administration.
- 10-46. Cancelled.